



Glenmore Pool and Country Club Inc.

Schedule of When Teams Start – 2010 Season:

The following is a list of the Teams/Times and Coaches, to join just show up at the time shown below (Subject to Change):

Teams / Leaders:

Team	When	Coaches
Swim Team (6 and Under) – Guppies	Monday June 28 12:30 – 1:15PM Practices Monday, Tuesday, Thursday, Friday Meets: TBA	Karyna / Vanessa
Swim Team (Junior – 10 and Under)	Monday June 28 12:30 – 1:15PM Practices: Monday – Friday Meets: Wednesday Evenings	8 and Under – Kristiina / Alexxa / Haley 9+10 Sarah/ Kristin
Swim Team (Senior – 11 and Over)	Monday June 28 1:15 – 2:00PM Practices: Monday – Friday Meets: Wednesday Evenings	11+12 –Alex 13+14 – Matt Open – Matt
Diving Team (Junior: 11 and under) (Intermediate: 12 – 14) Senior 15 +)	Monday June 28 5:30 - 6:30PM Practices: Monday / Thursday Competitions: Tuesday Nights	Karyna / Meghan
Water Polo Team (All Teams)	Monday June 28 8:00 – 9:30AM Practices: Monday/ Wednesdays Games: Monday Nights	Matt / Haley / Alexxa (All Teams)
Synchro (All Teams)	Tryouts: Saturday – June 19 10:00 – 12:00 Practices – Fridays / Saturdays Meets – See August Calendar	Kristiin / Sarah / Vanessa / Janelle
Leaders/Parents Meeting	Saturday, June 19 12:00 PM (Subject to Change)	Matt / Alanna / Haley
Bronze Medallion and Cross	Monday – June 28 9:30 – 10:30 Sessions: Theory: Mon. / Wed. 9:30 AM Water: Tue 8:00 PM	Alanna
Master Swim	Begins: Tuesday, June 29 Tuesdays/Thursdays/Sundays 6:30 – 7:30	Matt / Kristin